

NORTH DAKOTA CLASS "B" NORTH CENTRAL REGION GIRLS MEET RECORDS

<u>EVENT</u>	<u>HOLDER</u>	<u>SCHOOL</u>	<u>RECORD</u>	<u>YEAR</u>
100 METER DASH.....	Kari Wolfe	Harvey/Wells County	12.29.....	2017
200 METER DASH.....	Kelsie Belquist	New Rockford-Sheyenne.....	25.70.....	2022
400 METER DASH.....	Kelsie Belquist	New Rockford-Sheyenne.....	57.92.....	2021
800 METER RUN	Quinn Nepl.....	Benson County.....	2:23.68	2018
1600 METER RUN	Quinn Nepl.....	Benson County.....	5:19.60	2018
3200 METER RUN	Katelynn Engh	Benson County.....	12:05.37	2013
100 METER HURDLES	Kelsie Belquist	New Rockford-Sheyenne.....	14.93.....	2022
300 METER HURDLES	Kelsie Belquist	New Rockford-Sheyenne.....	45.50.....	2021
SHOT PUT	Jessica Meland	Harvey/Wells County	38'4"	2012
DISCUS	Kaylyn Frison.....	Harvey/Wells County	120'10"	2016
JAVELIN (Rubber Tipped-New Rules).....	Kari Wolfe	Harvey/Wells County	136'8"	2017
HIGH JUMP	Lexy Whittmayer	Rolette/Wolford.....	5'8"	2014
LONG JUMP	Brittany Berndt.....	Velva/Drake-Anamoose	18'0"	2012
TRIPLE JUMP.....	Makenna Vollmer	Harvey/Wells County	35'4¾"	2021
POLE VAULT.....	Maria Blessum	Rugby.....	11'3"	2018
4 x 100 METER RELAY.....	Erin Guariglia..... Sabra Peterson Kylie Simpson Morgan Schweitzer	Bottineau	52.16.....	2021
4 x 200 METER RELAY.....	Sabra Peterson..... Kylie Simpson Claire Brown Morgan Schweitzer	Bottineau	1:48.77	2021
4 x 400 METER RELAY.....	Tristin Lunde..... Emily Mattern Maria Blessum Anni Stier	Rugby.....	4:12.30	2018
4 x 800 METER RELAY.....	Karin Selland	Rugby.....	10:06.84	2012
	Hannah Christenson Lauren Christenson Sydney Kraft			